The Challenge:

During these difficult times, it's important to think about what makes you happy/sad and to create memories to reflect and discuss in years to come. Remember to think positively and always do your best – in the future this period will be a big part of history!



Discussion points for parents:

- What have you enjoyed during this lockdown?
- Who have you spent your lockdown time with?
- How have you felt during this period?
- What have been your highlights?
- What have you missed the most?
- Has something funny happened to you that has made you laugh out loud?
- Have you experienced something new during lockdown?

YSGOL GYMRAEG PARC Y TYWYN
Nid da lle gellir gwell

Fortnightly Plan: Memory Capsule (Nursery & Reception)

Must do...

- Recognising letters of the alphabet
- Practise forming letters of the alphabet
- Practise writing you name
- Regular reading – reading and listening to stories
- Practise singing songs and nursery rhymes

- Practise recognising numbers
- Practise forming numbers
- Recite numbers in the correct order – forwards and backwards
- Practise addition and subtraction by using practical activities

- Joe Wicks - live session on YouTube at 9am
- Cosmic Kids Yoga - sessions on 'YouTube'
- Discuss with your parents about your day and how you are feeling.
- What about helping around the house? E.g. making your bed, laying the table ready for food, helping in the garden etc.

Should do...

Literacy

Go ahead and create a self-portait. Remember to unclude facts about yourself e.g. name, age, hair colour, eye colour, favourite colour, food, toy, sports, animal, favourite things and least favourite things.

Who lives in your house? Go ahead and draw /paint a picture of your family. How about writing theis names underneath each picture?

How about creating a chart of things that you like and dislike e.g. food, sports, toys and films etc? Discuss with your family.

Numeracy

How about being a ditective - kindly ask members of your family and friends 'What's your age?' Order the ages from the youngest to the eldest.

How about painting/colouring a picture of your home? How many windows are there? How many doors? Can you see shapes in the house? Can you name these shapes e.g. square, circle, rectangle etc?

Go ahead and create an outline/picture of your family. Can you place them in order them from the tallest to the shortest according to height?

Theme

How about creating and decorating your own memory capsule (box)? You could fill the box with things that are important to you during lockdown e.g. pictures, favrouite recipe, favourite toy, painted stone, schoolwork and the letter sent to you from Mr Davies etc.

Do you like taking selfies on a phone? Take a selfie a day for a week with members of your family (remember to ask permission). Then, with a parent, create a Pic-collage of your selfies #aweekinlockdown. Your teachers would love to see these pic-collages on the school's Twitter @ParcyTywyn/on Hwb or through e-mail.

Go ahead and create prints by painting your hands and feet. Or, you could draw an outline of your hands and colour them in. Ask an adult to help you cut them out. How about putting your print in the memory capsule (box)?

Could do...		
Heriau LEGO	Minecraft	Dawnsio gyda Oti Mabuse
Llyfrau sain David Walliams	Cymuned y Sgarlets– Sgiliau Mathemateg	PBSkids.org - Gemau Darllen i blant
Newsround – darllen y newyddio diweddaraf	Carol Vorderman – 'My Maths School'	BBC Bitesize
ACTIV-I-TI – ar lein o 1:00yp	Cip ar Fathemateg	Hour of Code
Science experiment	SGILIAU – gemau i'w chwarae adref/clwb ysgol ar Facebook	Gwefan TopMarks Mathemateg
Science Investigations – STEM website stemsational.com	Celf Helen Elliot – Pob dydd mercher a Gwener am3:00yp	Gwefan MathsFrame Mathemateg
Adnoddau twinkl–Mynychwch y wefan am ddim www.twinkl.co.uk/offer yn defnyddio côd UKTWINKLHELPS	Orielodl – fideo cam wrth gam	mathsalamanders.com
Zumba Kids	Criw Celf, Huw Aaron – pob dydd am 3y.p	Gwersi canu gyda Myleene Klass am 10:00 yb
	Llifo'n Llawen – Yoga	Coginio gyda Jamie Oliver am 12:00 yp
	Just Dance – 'Youtube'	Traed Bach Sionc (Busy Feet) - Youtube