

Don't Dad Alone

Being the best dad you can be

Flying Start Dad's Group

6 weeks

Guest led sessions

Different topics/ discussions each week such as child psychology, mental health and wellbeing support and children's first aid.

All males in a caring role welcomed

FREE refreshments

**Trimsaran Flying Start Children's
Centre, SA174BE**

Wednesday November 6th

18:00 - 19:30

**For more information contact Jack -
07815451775**

**Scan for
support**

