



Ysgol Gymraeg Parc y Tywyn

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Pennaeth / Headteacher : Mr C Davies

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Coronavirus

Dear Parent / Guardian,

Following advice from the Director of Education regarding the ongoing implications of the Coronavirus issue, all schools in Carmarthenshire have been advised as a precautionary measure to postpone all non-essential large scale events where there is interaction between staff, pupils, parents and the wider community. As a result we have taken the decision to stop brushing teeth in the Foundation Phase and postpone all upcoming trips/events up to Easter.

We appreciate there is a level of concern about Novel Coronavirus (COVID-19). As parents and pupils you should be reassured that we continue to take advice from Public Health Wales and are taking all appropriate measures to prevent the spread of the virus.

Public Health Wales advice can be found here: <https://phw.nhs.wales/coronavirus/>
or on the school website <https://www.ysgolparcytywyn.co.uk/coronafeirws-coronavirus/>

We appreciate the cooperation of pupils and parents to help prevent the spread of infections. Good hygiene is the best prevention and there are some simple steps you can take to protect you and your family. These include:

- Washing hands often with soap and water for at least 20 seconds, or using an alcohol-based hand sanitiser that contains at least 60% alcohol if soap and water is not available
- Avoid touching eyes, nose and mouth with unwashed hands
- Cover coughs or sneezes with a tissue, then throw the tissue in the bin and wash hands immediately

What to do if you have symptoms of Coronavirus?

You should stay at home for 7 days if you have either:

- a high temperature : 37 degrees or higher
- a new continuous cough

Do not go to a GP surgery, pharmacy or hospital. You do not need to contact 111 to tell them you're staying at home.

If you have need to stay at home follow the NHS self isolation advice.

You should **only** contact 111 if:

- you feel you cannot cope with your symptoms at home
- your condition gets worse
- your symptoms do not get better after 7 days

Mr C Davies Headteacher

