

Getting Ready for School

Term you have your 4th Birthday

It is nearly time to start school!

Here are some things you can practice at home to help you get ready for school.



Playing with Others

Support your child to:

- accept discipline, showing understanding of what is right and wrong
- remember rules without needing an adult to remind them
- co-operate in play with others
- share and take turns
- participate and help with familiar routines e.g. putting toys away, setting the table



Eating and Drinking

Talk to your child about how to:

- eat skilfully on own with spoon and fork
- sit at the table to eat lunch
- drink from an open cup without spilling



Self-Care and Independence

Encourage your child to:

- wash and dry their hands independently
- be willing to go to the toilet largely independently
- ask for the toilet
- dress and undress with increased independence
- put on and take off their coat
- use a tissue to wipe their nose
- be happy away from Mum, Dad or carer

Speaking and Listening

Encourage your child to:

- enjoy listening to longer stories and can remember much of what happens
- understand a question or instruction that has 2 parts e.g "Get your coat and wait at the door"
- express needs, wants, choice and feelings using phrases or sentences.
- Talks about pictures and stories using a range of colour, size and position words
- understand talk about future events e.g. We'll go shopping after dinner.

Literacy Skills



Support your child to:

- hold a pencil correctly and firmly
- attempt to colour in simple outlines
- pick up a book and look at pictures and discuss with adults or other children.
- Hold a book the correct way up and turns pages.
- sit and listen to a story
- trace over simple patterns.
- recognise their name when written down
- practise writing their name



Mathematical Skills

Support your child to:

- sing number rhymes and songs
- complete a 6+ piece jigsaw
- recite numbers to 5 and beyond
- use and understand language related to position
- talk about and explore 2D shapes
- talk about and identify the patterns around them e.g. stripes on clothes
- match things one to one e.g. give each doll a plate/cup
- count objects saying one number for each object in order.
- start to recognise numerals



BBC BITESIZE - How to help your child transition from home to school