

AMSERLEN RHAGBROFION DYDD IAU 02/03/23

LLEOLIAD	Ysgol Trimsaran – Neuadd			Ysgol Trimsaran – Dechrau’n Deg		Canolfan Hamdden Plas y Sarn, Trimsaran		Clwb Rygbi Trimsaran			
	Cyfeilydd: Gareth Wyn Thomas Beirniad: Sue Hughes			Beirniad: Geraint Hughes		Cyfeilydd: Awena Owen Beirniad: Eifion Thomas		Beirniad: Jayne Altham			
	Unawd Blwyddyn 3 a 4 ‘Der di dere do’ [64]	Deuawd Blwyddyn 6 ac iau ‘Rhys’ [8]	Cyflwyno Alaw Werin ‘Hen fenyw fach Cydweli’ [19]	Llefaru Unigol Blwyddyn 2 ac iau ‘Gwesty Moethus’ [52]	Llefaru Unigol Blwyddyn 5 a 6 ‘Yr hen dy gwag’ [45]	Unawd Blwyddyn 2 ac iau ‘Mr Triongl’ [77]	Unawd Blwyddyn 5 a 6 ‘Hydref’ [43]	Llefaru Unigol Blwyddyn 5 a 6 (D) ‘Siopa’ [31]	Llefaru Unigol Blwyddyn 3 a 4 (D) ‘Fy nheulu i a fi’ [34]	Llefaru Unigol Blwyddyn 2 (D) ‘Glaw’ [17]	Llefaru Unigol Blwyddyn 3 a 4 ‘Ar ol methu unwaith’ [58]
Trimsaran	09:00 – 09:05			12:00- 12:12		09:00 – 09:30	13:00 – 13:10				
Y Felin	09:05 – 09:10		13:45 – 13:50	12:13-12:40	09:00-09:06	09:30 – 09:50	13:10 – 13:15	10:10-10:20	11:20– 11:25	12:25– 12:30	13:00-13:12
Ffwrnes	09:10 – 10:15			12:41-12:56	09:18-09:30	09:50 – 10:15	13:15 – 13:30				13:15-13:57
Dewi Sant			14:55 – 15:00	2:36-2:42	11.01-11.10						14:24-14:27
Gwenllian	10:15 – 10:50		13:50 – 14:00	12:57-1:30	09:30-9.51	10:15 – 10:50	13:30 – 13:50				14:00-14:03
Brynsierfel	11:05 – 11:10			1:35-1:38	09.56	11:00 – 11:20					14:30
Llangennech	11:35 – 12:05	13:15 – 13:20	14:20 – 14:55	1:52-2:35	10:15-10.40	11:30 – 12:35	14:15 – 14:40				14:54-15:21
Yr Hendy	12:05 – 12:15	13:20 – 13:30			10.40-11.01	12:35 – 12:40	14:40 – 15:05				15:24-15:45
Parc y Tywyn	11:10 – 11:35			1:39-1:51	10:00-10:15	11:20 – 11:30	14:00 – 14:15				14:33-14:51
Pum Heol	10:50 – 11:05	13:30 – 13:40	14:00 – 14:20	1:31-1:34	09.51-09.56	10:50 – 11:00	13:50 – 14:00				14:15-14:21
Penrhos				2:43-3:00	11.10-11.20					12:20 –12:25	
Pembrey								10:20-10:25	11:25-11:30		
Old Road									11:30-11:35		
Penygaer								09:00–09:30	11:35 – 11:45	12:05 –12:20	
Swiss Valley								09:30-10:10	10:30-11:20	11:46 –12:04	
Y Castell					09.06-09.18						14:06-14:12